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WILD CAUGHT
MARINATED HERRING
Original Family Recipes
READY TO EAT

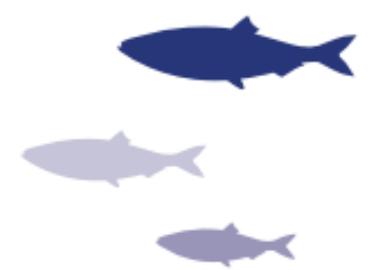


550mg EPA+DHA Omega-3 Per Serving
KEEP REFRIGERATED | PRODUCT OF CANADA

Ma Baensch[®]
KISS OF HEALTH SINCE 1932



ORIGINAL RECIPE 24 OZ (1 LB 8 OZ) 680 g



Nutrition Facts	Amount/serving	% DV	Amount/serving	% DV
	Total Fat 2.5g	3%	Total Carb. 10g	4%
10 servings per container	Sat. Fat 0g	0%	Dietary Fiber 0g	0%
Serving size 1/4 cup (55g drained)	Trans Fat 0g		Total Sugars 8g	
Calories per serving 80	Cholesterol 15mg	5%	Incl. 8g Added Sugars	16%
	Sodium 460mg	20%	Protein 4g	
	Vitamin D 6% · Calcium 0% · Iron 0% · Potassium 0%			

INGREDIENTS: Herring, Onions, Water, Pure Cane Sugar, Distilled White Vinegar, Salt, Clove, Bay Leaf, Cassia, Nutmeg, Red Pepper and Cardamom.
CONTAINS: Herring (Fish)

Distributed by Baensch Food Products Co., a division of Wild Foods, Inc. Milwaukee, Wisconsin 53212-2695

