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**WILD CAUGHT**  
**MARINATED HERRING**  
*Original Family Recipes*  
**READY TO EAT**

 <b>OMEGA 3</b>	 <b>GLUTEN FREE</b>	 <b>TRANS FAT</b>	 <b>GOOD SOURCE OF PROTEIN</b>
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800mg EPA+DHA Omega-3 Per Serving  
See nutrition information for sodium content.  
KEEP REFRIGERATED | PRODUCT OF CANADA

*Ma Baensch*<sup>®</sup>  
**KISS OF HEALTH SINCE 1932**



**SOUR CREAM + CHIVES** 24 OZ (1 LB 8 OZ) 680 g

<b>Nutrition Facts</b>	Amount/serving	% DV	Amount/serving	% DV
	Total Fat 4g	5%	Total Carb. 7g	3%
12 servings per container	Sat. Fat 1g	5%	Dietary Fiber 0g	0%
Serving size 1/4 cup (55g)	Trans Fat 0g		Total Sugars 7g	
<b>Calories</b> per serving <b>90</b>	Cholesterol 25mg	8%	Incl. 7g Added Sugars	14%
	Sodium 590mg	26%	Protein 6g	
Vitamin D 6% · Calcium 2% · Iron 0% · Potassium 0%				

**INGREDIENTS:** Herring, Sour Cream (Cultured Skim Milk, Cream, Nonfat Milk, Sodium Citrate, Rennet), Buttermilk (Cultured Lowfat Milk, Nonfat Milk, Salt, Vitamin A Palmitate), Sugar, Chives, Guar Gum, Gum Acacia, Xanthan Gum, Onion, Garlic, Water, Distilled White Vinegar, Salt, Clove, Bay Leaf, Cassia, Nutmeg, Red Pepper and Cardamom.  
**CONTAINS:** Herring (Fish), Milk

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